

Beavers Cyclist Badge

Find Out Why It's Important To Wear Safety Equipment Like A Helmet, Reflective Clothing And Lights

Dressing My Cyclist[©]

By Samantha Eagle

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Dressing My Cyclist®

Overview

For this task the Beavers will draw some safety clothing on their own cyclist.

Preparation Before The Meeting

1. Print a copy of the 'How to make it easier to be seen when cycling' handout for each Beaver
2. Print a copy of the 'Safety Clothing for Cycling' handout for each team of two – there are two on the page

Materials Needed

- Pencil and rubbers
- Colours (mostly yellow)

Preparation At The Meeting

1. Layout materials

Directions/Leader Speak

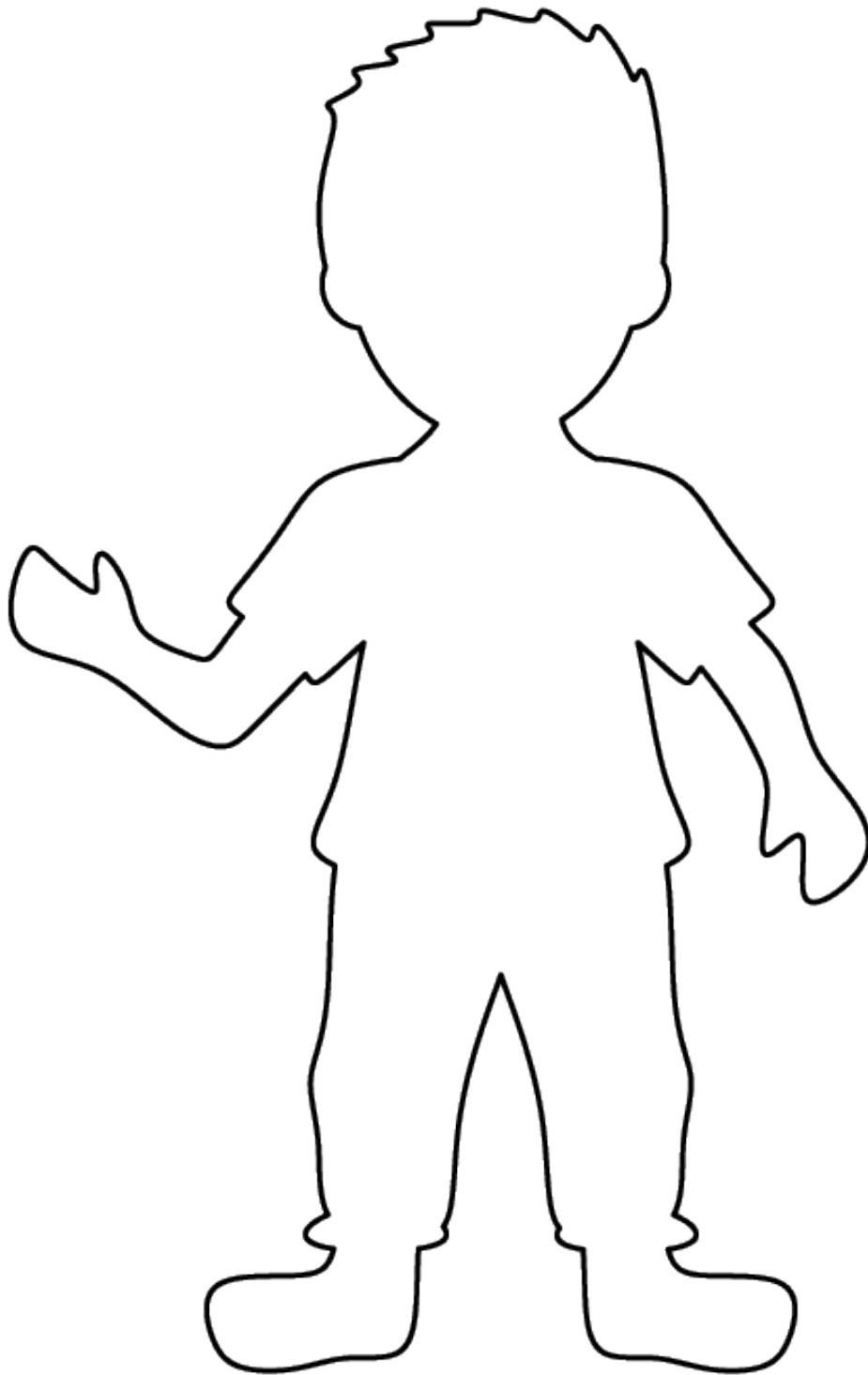
1. **Speak** - Tonight you are going to be starting your 'Cyclist Badge' the first task you need to complete for this badge is to find out why it's important to wear safety equipment.

It is very important that other road users, especially drivers, can see you when you are riding your bike.

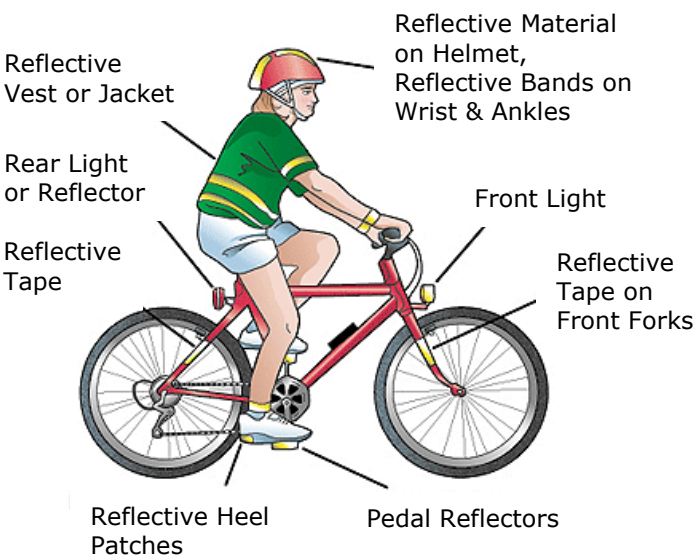
Wearing bright clothes and putting reflectors on your bike can help you stay safe; it also helps other people on the road see you. And if they see you, that means they're less likely to run into you. Daytime riding is the safest.

Fluorescent clothes show up best by day, especially in dull or misty weather, but fluorescent clothes don't work after dark. You need to wear clothes that are made of Reflective Material.
2. **Speak** - For this task you are going to dress your cyclist with the correct clothing so that he can easily be seen when cycling
3. **Action** – Hand out the 'Safety Clothing for Cycling' handout to each team of two and the 'How to make it easier to be seen when cycling' handout for each Beaver
4. **Speak** - Using the handout with the pictures as a guide, try to draw some safety clothing on your cyclist then use your colours

How To Make It Easier To Be Seen When Cycling



Safety Clothing for Cycling



Safety Clothing for Cycling

